Senior Bocce Ages 55 & Up

Indoor Bocce Ball is a variation of the popular bocce sport. It involves playing bocce on an indoor carpeted court with rail boards.

The benefits of bocce include healthy social interaction, light activity, strategic planning, and friendly competition.

Bocce can be played by two people or by two teams of two to four people. The rules of the game are relatively simple. In essence, one player (or team) begins by rolling a smaller ball, known as the "jack," onto the court. Turns are then taken as each player (or team) attempts to bowl his or her balls closest to the jack. As with many similar activities, the gameplay is easy to learn, but developing strategies and skillful throwing takes time and practice.

Participants will be divided into "teams" and will try to be the first to reach a fixed number of points.

"Teams" will be drawn each session day to keep the games exciting and create new teams.

We will have 2 courts set-up for play.

Bocce Registration Information

FOR AGES 55 & Up

LOCATION: Pitts Center Gym

Dates: Oct. 21 – Dec. 2 No session Dec. 11

Times: 11 am to 1 pm

Minimum Enrollment – 8

Maximum Enrollment – 16



Online Registration

https://cityofdover.recdesk.com/Community/Home



